

Ice in my Veins High Performance Conditioning Camp

Aug 4 - 7



Full hockey gear required:

Helmet with a cage or face shield, neck guard, shin/shoulder/elbow pads, hockey pants & socks, hockey gloves and a stick

NOTES:

- Please bring your child dressed in their hockey gear as dressing rooms will not be available at this time.
- Please let the coach know if your child has any allergies or medications of which we should be aware.
- Due to Covid-19, no equipment including helmets and sticks are available at this time.



Please bring:

Hockey gear and
water bottle

Strathcona Gardens
Recreation Complex

225 S. Dogwood St.
Campbell River, BC

P: 250-830-6777

7-11yrs

11:15-12:45pm

(Aug 4 - 7 4 sessions)

12-14yrs

1:00-2:30pm

(Aug 4 - 6 3 sessions)

FOR MORE INFO:

Program Coordinator -
Arenas & Other
Programs

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