

Pool Schedule

April 6 - June 25, 2021



SHALLOW END

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:05 - 6:50 am	Water Walking	Water Walking	Water Walking	Water Walking	Water Walking	
7:00 - 7:45 am	Water Walking	Water Walking		Water Walking	Water Walking	
8:15 - 9:00 am		Water Walking		Water Walking		
9:30 - 10:15 am					Water Walking	
12:00 - 1:00 pm						Water Walking
1:15 - 2:00 pm	Water Walking		Water Walking			
1:30 - 2:30 pm						Everyone Welcome
3:00 - 4:00 pm						Everyone Welcome

DEEP END

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:05 - 6:50 am	Lanes	Lanes	Lanes	Lanes	Lanes	
7:00 - 7:45 am		Lanes		Lanes		
8:15 - 9:00 am	Lanes		Lanes			
9:30 - 10:15 am		Lanes		Lanes		
10:45 - 11:30 am		Lanes		Lanes	Lanes	
12:00 - 1:00 pm						Length Swim
12:00 - 12:45 pm	Lanes	Lanes	Lanes	Lanes	Lanes	
1:15 - 2:00 pm						
1:30 - 2:30 pm						Everyone Welcome
2:30 - 3:15 pm	Lanes		Lanes		Lanes	
3:00 - 4:00 pm						Everyone Welcome
6:00 - 6:45 pm						
6:00 - 7:00 pm					Everyone Welcome	
7:30 - 8:30 pm					Everyone Welcome	

LEISURE POOL

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 - 7:45 am	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	
8:15 - 9:00 am	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	
9:30 - 10:15 am	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	
10:45 - 11:30 am		Leisure Swim		Leisure Swim		
11:00 - 11:45 am						Leisure Swim
12:00 - 1:00 pm						Leisure Swim
12:00 - 12:45 pm	Leisure Swim		Leisure Swim		Leisure Swim	
1:15 - 2:00 pm	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	
1:30 - 2:30 pm						Everyone Welcome
2:30 - 3:15 pm	Leisure Swim		Leisure Swim		Leisure Swim	
3:00 - 4:00 pm						Everyone Welcome
6:00 - 6:45 pm		Leisure Swim		Leisure Swim		
7:15 - 8:00 pm		Leisure Swim		Leisure Swim		

CLOSED APRIL 5 EASTER MONDAY

Preregistration Required for all sessions

CALL: 250-830-6777

IN PERSON: STRATHCONA GARDENS
RECREATION COMPLEX
225 S. DOGWOOD ST.,
CAMPBELL RIVER, BC

ONLINE: STRATHCONAGARDENS.COM



Pool Information



Pool Lane Information

LEISURE LANE

This lane is suitable for individuals who swim at a slower pace or want to water jog. This lane may be shared by 4 people. Stair access is available if needed.

MODERATE LANE

This lane is suitable for individuals who swim continuously at a moderate pace. This lane may be shared by 4 people. Stair access is available if needed.

FAST LANE

This lane is suitable for more advanced swimmers who swim continuously at a faster pace. This lane may be shared by 4 people. Stair access is available if needed.

WATER WALKING

Shallow End – Lane 3 – This lane is closest to the bulkhead and is suitable for taller individuals who want to use the shallow end of the pool to water walk. This lane may be shared by 2 people. Stair access is available if needed.

Shallow End – Lane 2 – This lane is in the middle of the shallow end and is suitable for individuals who want to use the shallow end of the pool to water walk. This lane may be shared by 2 people. Stair access is available if needed.

REGISTERED EVERYONE WELCOME SWIM

Registration for the everyone welcome swim includes the use of all pools. Participants may move from pool to pool, provided occupancy limits are not exceeded for each pool. Please note: participants must remain 2 meters away from others not in their household.

REGISTERED LEISURE SWIM

Registration for the Leisure swim includes the use of the Leisure pool and Hot tub, providing occupancy limits are not exceeded for each pool. Please note: participants must remain 2 meters away from others not in their household.

Please note: Extra Lengths and Leisure swims will be added when programming permits.

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Schedule

REGISTERED SPRING PROGRAMS

May 25 - July 2, 2021

Registered Spring Programs

REGISTERED PICKLEBALL

Reserve your own indoor Pickleball Court today! Three courts offering four 90 minute sessions daily Monday thru Friday are now available on the Rod Brind'amour arena dry-floor. Due to Covid-19 restrictions only singles play is permitted at this time.

\$7.00 per court

Monday - Friday	8:30 - 10:00 AM	10:30 - 12:00 PM
April 21 - July 30, 2021	12:30 - 2:00 PM	2:30 - 4:00 PM

REGISTERED STICK & PUCK

ALL AGES

Stick and Puck is an opportunity to get some extra ice time and work on stickhandling, shooting and passing skills! Due to Covid-19 restrictions scrimmages, goaltending and training equipment are not permitted at this time. In order to participate, you must book your ice space prior to showing up which can be booked 14 days in advance. No drop-in permitted at this time. Social distancing measures continue to be in place.

Monday & Wednesday	11:30 - 12:45 PM	3:15 - 4:15 PM
Tuesday & Thursday	1:30 - 2:30 PM	
Friday	11:00 - 12:30 PM	3:30 - 5:00 PM
Saturday	3:15 - 4:30 PM	
Sunday	4:30 - 5:30 PM	

REGISTERED SKATING

ALL AGES

All ages welcome. Pond Hockey will not be available during this session. In order to participate, you must book your ice space prior to showing up which can be booked 14 days in advance. No drop-in permitted at this time. Social distancing measures continue to be in place.

Monday & Wednesday	1:15 - 2:45 PM	
Tuesday & Thursday	11:30 - 1:00 PM	3:00 - 4:15 PM
Friday	1:00 - 2:30 PM	
Saturday	1:30 - 2:45 PM	
Sunday	3:00 - 4:00 PM	

REGISTERED PRIVATES SKATING LESSONS

ALL AGES

\$20 PER LESSON

Please call 250-830-6777 to book your private skating lesson today!

Monday - Thursday	4:30 - 5:00 PM (R2)
Friday	2:45 - 3:15 PM (R2)
Saturday	9:30 - 10:00 AM (LI)
Sunday	10:15 - 10:45 AM (LI) 2:15 - 2:45 PM (LI)

PARENT & TOT SKATING LESSONS

3-5 YRS

Enjoy learning to skate with your child while you both develop your skating skills. No previous skating experience is required for either participant-the emphasis of this program is fun. Due to Covid-19, helmet and glove rentals are currently not available. Please bring your own helmet and gloves. Skate rentals are available.

Sunday	12:15 - 12:45 PM
	April 11 - May 23 (7) \$35
	May 30 - June 27 (5) \$25

PARENT & TOT HOCKEY LESSONS

3-5 YRS

Enjoy learning to skate with your child while you both develop your skating skills. No previous skating experience is required for either participant-the emphasis of this program is fun. Due to Covid-19, helmet and glove rentals are currently not available. Please bring your own helmet and gloves. Skate rentals are available.

Sunday	12:15 - 12:45 PM
May 30 - June 27th (5) \$25	

PRESCHOOL ICE QUEST

4-6 YRS

These lessons are designed with the beginner in mind! This program offers an introduction into the world of ice-skating. Due to Covid-19, helmets and glove rentals are currently not available. Please bring your own helmet and gloves. Skate rentals are available.

Tuesday & Thursday	5:30 - 6:00 PM
May 25 - June 10 (6) \$30	
June 15 - June 29 (5) \$25	

Saturday	12:30 - 1:00 PM
May 29 - June 26 (5) \$25	

LITTLE RASCALS HOCKEY

4-6 YRS

Coaches will introduce your child to the game of hockey through a variety of fun drills. All participants must be able to skate on their own for this program. Full hockey gear required. Skate rentals are available.

Monday & Wednesday	5:30 - 6:15 PM
May 26 - June 14 (6) \$34.50	
June 16 - June 30 (5) \$28.75	

Friday	5:30 - 6:15 PM
May 28 - June 25 (5) \$28.75	

Saturday	10:15 - 11:00 AM
May 29 - June 26 (5) \$28.75	

Sunday	11:00 - 11:45 AM
May 30 - June 27 (5) \$28.75	

ICE QUEST 1/2/3

6-12 YRS

These lessons are designed with the beginner in mind! This program offers an introduction into the world of ice-skating. Due to Covid-19, helmet and glove rentals are currently not available. Please bring your own helmet and gloves. Skate rentals are available.

Tuesday & Thursday	6:30 - 7:00 PM
May 25 - June 10 (6) \$30	
June 15 - June 29 (5) \$25	

Saturday	11:30 - 12:00 PM
May 29 - June 26 (5) \$25	

SKATE SHARPENING HOURS

Monday - Thursday	11:30 AM - 4:00 PM
Friday	11:00 AM - 5:00 PM
Saturday	1:00 PM - 4:00 PM
Sunday	2:30 PM - 5:30 PM

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