



Registration Opens Nov 7

| Date | Time | Age | Camp | Cost | Course ID# |
|-----------------------|--|-------------|-----------------------|----------|---------------------|
| December 18, 20 & 22 | 4pm - 8pm | 7 12 4005 | Santa's Helpers | \$25/day | 50269, 50262, 50263 |
| December 23 | 11am - 3pm | 7-12 years | Santa's neipers | | 50264 |
| | 11:30am - 12:15pm | 4-6 years | Little Rascals Hockey | \$17.85 | 47650 |
| December 27 to 29 | 12:30pm - 1pm | 4-6 years | Preschool Ice Quest | \$15.60 | 47651 |
| | 9am - 3pm | 5-7 years | Swim & Water Safety | \$96 | 50265 |
| | 9am - 3pm | 10-14 years | Junior Lifeguard | \$96 | 50267 |
| December 27 to Jan 8* | 8* 9am - 3pm 7-12 years Splash of Everything | | Splash of Everything | \$40/day | See online |
| | 12:15pm - 1pm | 6-12 years | Ice Quest Skating | \$23.80 | 47649 |
| January 2 to 5 | 9am - 3pm | 5-7 years | Swim & Water Safety | \$128 | 50266 |
| | 9am - 3pm | 10-14 years | Junior Lifeguard | \$128 | 50268 |

Pool Camps

Swim & Water Safety Age: 5-7 yrs

Work on water safety skills, knowledge, and abilities in a fun, encouraging atmosphere. Children will learn & practice the Canadian Swim to Survive standard; roll into deep water, tread water for 1 minute, & swim 50 metres. Be sure to bring a bathing suit, multiple towels, and a healthy lunch each day.

 50269
 Wed to Fri
 Dec 27-29
 9am-3pm
 \$96

 50266
 Tues to Fri
 Jan 2-5
 9am-3pm
 \$128

Junior Lifequard Age: 10-14yrs

This camp focuses on lifesaving skills through a variety of activities and scenarios similar to those experienced by a real lifeguard! Develop your knowledge, judgement, and fitness in a fun, controlled aquatic setting! Be sure to bring a bathing suit, multiple towels, and a healthy lunch each day.

50269 Wed to Fri Dec 27-29 9am-3pm \$96 50268 Tues to Fri Jan 2-5 9am-3pm \$128

Santa's Helpers Age: 7-12 yrs

Kids will play games in and out of the water and enjoy a pizza party while parents and caregivers check off the final items on your to do list! Be sure to send a swimsuit, towel, active wear and snacks. Register for individual days that work for you!

50132 Mon, Wed, Fri Dec 18, 20, 22 4pm-8pm \$25/day 50264 Sat Dec 23 11am-3pm \$25/day

Splash of Everything Age: 7-12 yrs

Spend the week experiencing the world of aquatics through a variety of activities, challenges, and games. Spend approximately 4 hours in the pool each day! Be sure to bring a bathing suit, multiple towels, and a healthy lunch each day. Register for individual days that work for you!

Daily Dec 27-Jan 8 9am-3pm \$40/day

REGISTER -

Arena Camps

Little Rascals Hockey Camp

Age: 4-6 yrs

This Join us for a 3-day mini-camp to continue to practice your skating and hockey skills over the holiday break. Coaches will work on all the different hockey skills through drills and skill development, along with playing a hockey game at the end of each class!

47650 Wed to Fri Dec 27-29 11:30am-12:15pm \$17.85

Preschool Ice Quest Camp

Age: 4-6yrs

Join us for a 3-day mini-camp and play a variety of games on the ice while developing your skating skills. This program has the beginner skater in mind with the emphasis on FUN!

47651 Wed to Fri Dec 27-29 12:30-1:00pm \$15.60

Ice Quest Skating Camp

Age: 6-12 yrs

Calling all skaters! Join us for a 4-day mini-camp to continue working on your skating skills over the holiday break! Skaters will be split into groups based on skill level with an instructor for each group during a 45-minute skating session on the leisure Ice. Skaters of all skill levels welcome!

47649 Tues to Fri Jan 2-5 12:15-1:00pm \$23.80

Register online at strathconard.perfectmind.com

Arena 2 <u>Leisure Ice</u>

| Date | 60+ Program Hockey | 16+ Program Hockey | Stick & Puck | Everyone Welcome & Pond Hockey | Leisure Skate (Leisure ice only) | Everyone Welcome | Skate Sharpening | | |
|---------------------------|-----------------------|-----------------------|--------------|-----------------------------------|--|---------------------|---------------------|--|--|
| Sunday, December 24 | | | | 1:00-4:00pm | | 1:00-4:00pm | 1:00-4:00pm | | |
| Monday, December 25 | Closed Christmas Day | | | | | | | | |
| Tuesday, December 26 | | | | Closed Boxing Da | ay | | | | |
| Wednesday, December 27 | 9:45-11:15am | | 11:30-1:00pm | 1:15-5:00pm | 9:45-11:15am | 1:15-5pm | 1-5pm | | |
| Thursday, December 28 | | | | 1:15-5:00pm | 9:45-11:15am 5:15-7:00pm | 1:15-5:00pm | 1:00-5pm | | |
| Friday, December 29 | | | | 1:15-5:00pm | 9:45-11:15am 5:15-7:00pm | 1:15-5:00pm | 1:00-5pm | | |
| Saturday, December 30 | | | | 1:30-4:30pm | | 1:15-5:00pm | 1:00-5pm | | |
| Sunday, December 31 | | | | 1-3:00pm | | | 1:00-3:00pm | | |
| Monday, January 1 | | | | Closed New Years I | Day | | | | |
| Tuesday, January 2 | | | 11:30-1pm | 1:15-5:00pm | 9:45-12:00pm 5:15-7:00pm | 1:15-5:00pm | 1:00-5:00pm | | |
| Wednesday, January 3 | 9:45-11:15am | 11:30-1pm | | 1:15-5:00pm | 9:45-12:00pm | 1:15-5:00pm | 1:00-5:00pm | | |
| Thursday, January 4 | | | 11:30-1pm | 1:15-5:00pm | 9:45-12:00pm 5:15-7:00pm | 1:15-5:00pm | 1:00-5:00pm | | |
| Friday, January 5 | 9:45-11:15am | 11:30-1pm | | 1:15-5:00pm | 9:45-12:00pm 5:15-7:00pm | 1:15-5:00pm | 1:00-5:00pm | | |
| Saturday, January 6 | | | | 1:30-4:30pm | | 1:30-4:30pm | 1:30-4:30pm | | |



Visit the North Pole

December 2, 2023 to January 7, 2024

The Leisure Ice is decorated with hundreds of lights, Christmas trees, and of course, Santa and his reindeer flying overhead. Skate amongst the lights or take a break on a bench and watch the excitement around you. Bring your family, teammates, classmates, students, or employees together for a decorated winter skate!

Rent the North Pole

We have ice and room rental packages!

View our Holiday Events page for booking information (page 34) or visit **strathconagardens.com/northpole**

POOL & FITNESS



Public Swim All ages welcome, all pool facilities and areas open.

| | Monday | Tuesday Closed Dec 26 | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|----------------------------|---------------------------------|---------------------|---------------------|---------------------|----------|----------|
| Main Pool, Leisure Pool, Waterslide, Diving Board, Games and Toys | Closed Dec 25 and Jan 1 | 12pm-3pm 6pm-9pm | 12pm-3pm 6pm-9pm | 12pm-3pm 6pm-9pm | 12pm-3pm 6pm-9pm | 12pm-4pm | 12pm-3pm |

▶ Children under the age of 7 must have an adult (16+) in the water within arms reach. The ratio is 3 children to 1 adult.

Main Pool

| | Monday | Tuesday Closed Dec 26 | Wednesday | Thursday | Friday | Saturday | Sunday Closed Dec 24 |
|---|----------------------------|---------------------------------|---------------------|---------------------|---------------------|----------|--------------------------------|
| Lane Swim 2 Lanes available at all times listed | Closed Dec 25 and Jan 1 | 7am-12pm 3pm-6pm | 7am-12pm 3pm-6pm | 7am-12pm 3pm-6pm | 7am-12pm 3pm-6pm | 9am-12pm | 9am-12pm |

Leisure Pool & Hot Tub

| | Monday | Tuesday Closed Dec 26 | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|----------------------------|---------------------------------|-----------|----------|----------|----------|----------|
| Parent & Tot 6yrs and younger | Closed Dec 25 and Jan 1 | 7am-12pm | 7am-12pm | 7am-12pm | 7am-12pm | 9am-12pm | 9am-12pm |
| Family Swim Caregivers must be in the water with children | | 3pm-6pm | 3pm-6pm | 3pm-6pm | 3pm-6pm | | |
| Hot Tub | | 7am-9pm | 7am-9pm | 7am-9pm | 7am-9pm | 9am-4pm | 9am-3pm |

Weight Room, Steam Room, Sauna, and Showers

| M | 1onday | Tuesday Closed Dec 26 | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------|---------------------------------|-----------|----------|---------|----------|---------|
| | Closed | 7am-9pm | 7am-9pm | 7am-9pm | 7am-9pm | 9am-4pm | 9am-3pm |

Aquatic Classes Jan 2 to 5 only

| | Tuesday Jan 2 | Wednesday Jan 3 | Thursday Jan 4 | Friday Jan 5 |
|----------------------------|---------------|-----------------|-----------------|-----------------|
| Registered Drop-in | | | | |
| Fluid Motion (F) | 9-9:45am | | 9-9:45am | |
| Deep Water Motion (F) | | 8-8:45am | | 8-8:45am |
| Registered Classes | | | | |
| Aquatic Arthritis (R) (Ph) | 1:15pm-2:00pm | 10:00-10:45am | 1 1:15pm-2:00pm | 10:00am-10:45am |

(Ph) = Physicians consent/referral (R) = Registration - a set amount of classes for a specific duration of time. (F) = Flexible - register for dates that work for you.



Holiday Closures

Our facility will be closed on the following days: Monday, Dec 25 | Tuesday, Dec 26 | Monday, Jan 1



Schedule Changes?

Visit our website at www.strathconagardens.com We always post updates on the red bar at the top of the home page.



AT STRATHCONA GARDENS

North Pole Ice & Room Packages

Option #1: \$109.20 + GST

- 1-hour Dogwood Room Rental
- 1-hour Leisure Ice Rental
- 1- Skate Shop Staff
- Complimentary Skate Rentals

Option #2: \$89.20 + GST

- 1-hour Pinecrest Room OR Dressing Room rental
- 1-hour Leisure Ice Rental
- 1- Skate Shop Staff
- Complimentary Skate Rentals

Option #3: Custom Package

• Leisure Ice: \$40.00/hr

· Dogwood Room: \$36.40/hr

• Pinecrest Room: \$16.40/hr

• Dressing Room: \$16.40/hr

• Skate Shop Staff: \$32.80

Complementary Skate Rentals

Call 250-830-6766 or e-mail bookings@srd.ca to book.





Sponored FREE Swim & Skate Events

SATURDAY

DEC 9

ROYAL LEPAGE

Advance Realty Ltd.

Free Swim 12 - 3pm

Free Skating and Pond Hockey 1:30 - 4:30pm

SATURDAY

DEC 16

shoreline

Free Skating and Pond Hockey 1:30 - 4:30pm

SATURDAY

DEC 23

MQWI°

Free Skating and Pond Hockey 1:30 - 4:30pm

SUNDAY

DEC 31



Free Swim 5pm - 9pm

Free Skating and Pond Hockey

5pm - 9pm

Snacks, games, face painting, photo booth, balloon creations, and more!

FRIDAY NIGHT AT THE MOVIES

5:15pm to 8:00pm All Ages

Enjoy a relaxing skate on the leisure ice watching Arthur Christmas. \$6 admission fee includes pizza and a juice box. Skate rentals are \$2.85. 15 DEC

FRIDAY

22

FRIDAY NIGHT AT THE MOVIES

5:15pm to 8:00pm All Ages

Enjoy a relaxing skate on the leisure ice watching Dr. Seuss' How the Grinch Stole Christmas. \$6 admission fee includes pizza and a juice box. Skate rentals are \$2.85.

WINTER BREAK KICK-OFF SWIM

6:30pm to 9:00pm All Ages

School is out for the holidays! Bring your friends and join us for holiday-themed games and prizes in the pool.

22 DEC





CAMILY CELEBRATION

FAMILY CELEBRATION

UNDAY DEC 31 5PM TO 9PM



GAMES PHOTO BOOTH FACE PAINTING SNACKS







CELEBRATION

SUNDAY DEC 31 2023

LIVE MUSIC P NUT GALLERY

5PM TO 9PM

GAMES
PHOTO BOOTH
FACE PAINTING
SNACKS

SPONSORED BY

FREE

SWIMMING SKATING HOCKEY

STRATHCONA GARDENS RECREATION COMPLEX 225 S DOGWOOD STREET 250.830.6777